King Saud University College of Food and Agriculture Sciences

Introductory Handbook

Food Sciences & Nutrition Department

Virgin 1.1 February 2025



Chairman Message



Dr. Mohammad Alshuniaber
January 2025

Safe, high-quality, and healthy food is a cornerstone of quality of life, and healthy nutrition practice is one of the most important factors contributing to improving public health. Recognizing the importance of food and nutrition to the community, the Department of Food Sciences and Nutrition has been working since its establishment in 1965 to qualify specialists in the fields of food and nutrition who are competent and capable of contributing to improving the quality and safety of food and promoting healthy nutrition in the Saudi community.

The department is considered one of the most prominent academic departments in the Kingdom and the region, and internationally, in the fields of food and nutrition. The department has worked with the highest level of scientific professionalism to serve the nation in the academic and research fields and to serve the community in the field of food and nutrition. The department is always striving to achieve more academic and research accomplishments with the aim of developing competencies, skills, and capabilities in these vital fields that are directly related to public health and quality of life, in line with the goals of Saudi Vision 2030.

The department works to achieve its academic and research objectives and enhance its role in serving the community by relying on the distinguished scientific competencies, extensive research capabilities, and broad academic expertise available to the department. To achieve its objectives, the department offers specialized academic programs (Bachelor, Master, and Ph.D.) in both Food Sciences and Human Nutrition that comply with the best scientific standards and are implemented in accordance to best academic practices.

Introduction

The Department of Food Sciences and Nutrition was established at the College of Food and Agriculture Sciences as the first department of its kind in Saudi Arabian universities upon the establishment of the college in 1385H (1965 AD). Since then, the department has developed academically and administratively to keep pace with scientific advancements in the field of food sciences and human nutrition, with the aim of contributing to the achievement of the Kingdom of Saudi Arabia's development goals. The College of Food and Agriculture Sciences, represented by the Department of Food Sciences and Nutrition, has adopted the mission of continuously developing food science and nutrition in Saudi Arabia by providing high-quality specialized academic programs that serve as a model in this field. To keep pace with the rapid changes in food consumption patterns, dietary habits, and consumer behavior in Saudi society, the department seeks to harness scientific research in the field of food and nutrition to identify the economic, technical, and health problems that may arise from such changes. Given the importance of food and nutrition to public health, quality of life, and economic development, the department aims to find solutions to the challenges of food safety and nutritional problems in Saudi society. The department also seeks to raise awareness to support and develop the food sector in Saudi Arabia; and to evaluate and improve the nutritional status of Saudi society.

Academic Evolution

Date	Event
1385 H / 1965 AD	The department was initially established alongside the College of Agriculture under the name Food Industries Department in junction with the Animal Production Department.
1401 H / 1981 AD	The department became independent and was renamed the <u>Food Sciences Department</u> after incorporating courses in food science and food industries into its curriculum.
1409 H / 1989 AD	Human nutrition courses were introduced into the undergraduate program; and a Master's degree in Human Nutrition was launched in partnership with the Agricultural Extension and Rural Community Department – Nutrition and Home Economics Division.
1413 H / 1992 AD	A Master's degree in Food Science was introduced.
1417 H / 1996 AD	The department was renamed the Food Sciences and Nutrition Department following the development of nutrition courses and the launch of the Master's program in Human Nutrition.
1419 H / 1998 AD	The department became the sole provider of the Master's program in Human Nutrition.
1425 H / 2004 AD	Doctoral program in Human Nutrition was launched.
1431 H / 2010 AD	The department received academic accreditation for its Bachelor's degree program from the Agricultural Institute of Canada (AIC).
1437 H / 2016 AD	The department received academic accreditation for its Food Science and Nutrition Bachelor's degree program from the National Center for Academic Accreditation and Evaluation (NCAAA).
1439 H / 2019 AD	The Food Sciences and Nutrition undergraduate program was divided into separate tracks for Food Science and Nutrition.
1441 H / 2020 AD	Doctoral program in Food Sciences was launched.

Accomplishments

1421 H / 2000

Establish of Saudi Society for Food and Nutrition

1424 H / 2003

Contribute to the establishment of Saudi Food and Drug Authority

1430 H / 2009

Almarai Award for Scientific Innovation

2024

3 National Research Projects

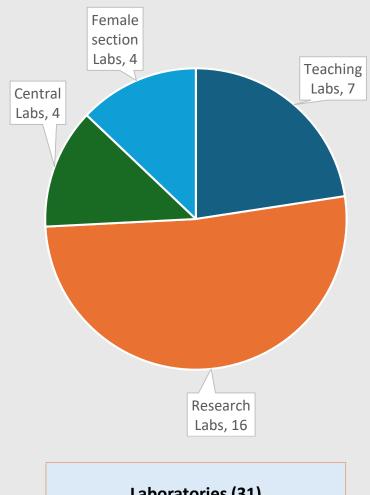
2024 AD

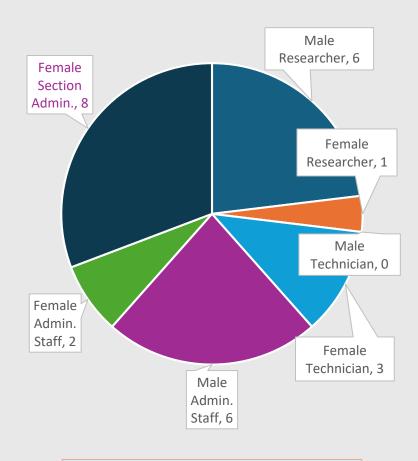
174 Scientific Research (WoS)

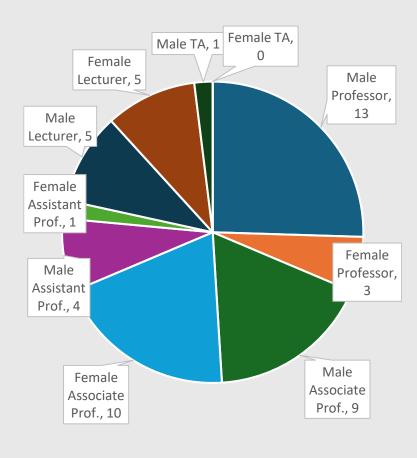
2010 - 2024

24 Patents

Assets







Laboratories (31) Staff (26)

Faculties (53)

Quality Policy

Vision

Leadership and excellence in teaching, learning, scientific research and community service in the field of food sciences, human nutrition and food security

Mission

Providing high-quality academic programs for the bachelor's, master's, and doctoral levels to contribute in building knowledge in the fields of food sciences, nutrition, and food security, and to activate local and global partnerships

Objectives

- Qualifying graduates of the Department of Food Science and Human Nutrition scientifically and intellectually by
 providing them with the knowledge and skills that qualify them to be qualified researchers and specialists with the aim of
 contributing to the management, organization and implementation of development programs in general and food
 development and food security in particular.
- 2. Providing appropriate solutions to overcome the problems of Saudi society in the areas of food, nutrition and food security, and the challenges facing food companies, through conducting scientific and applied research and organizing training courses.
- 3. Keeping up with modern scientific research trends and applying them in local conditions, through participation in scientific conferences and seminars at home and abroad and research cooperation.
- 4. Creating a creative environment by providing advanced research laboratories that apply quality standards.

Academic Degrees

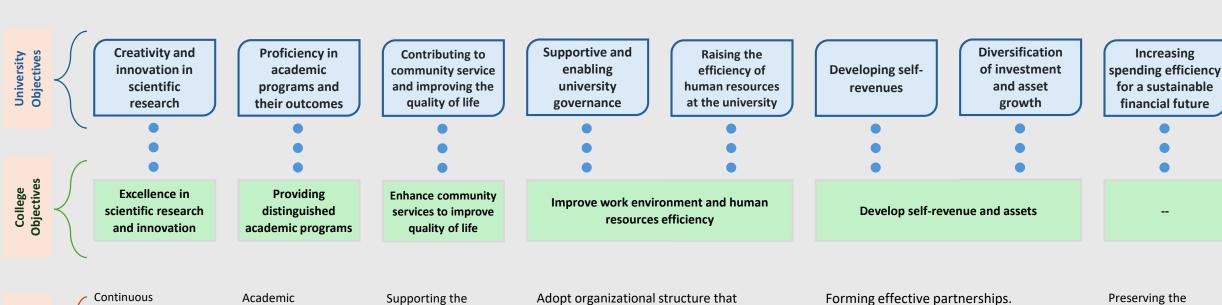
	Bachelor *		Master		Ph.D.	
	Male	Female	Male	Female	Male	Female
Food Sciences	~	×	~	~	~	~
Human Nutrition	~	×	~	~	~	~

^{*} Bachelor program is divided into two tracks "Food Sciences" and "Human Nutrition"

The department offers some courses to other departments inside and outside the college:

317 FSN	Food Analysis	Male & Female	College of Applied Medical Sciences – Community Health Science Dept.
321 FSN	Food Microbiology ¹	Male & Female	Sciences College –Botany & Microbiology Dept.
325 FSN	Sanitation and Food Safety	Male & Female	College of Applied Medical Sciences – Community Health Science Dept.
420 FSN	Food Biotechnology ^{1,2}	Male	College of Science – Biochemistry Dept.
467 FSN	Eating Habits and Believes ¹	Male & Female	College of Applied Medical Sciences – Community Health Science Dept.
202 FSN	Principles of Food Sciences	Male	College of Food and Agricultural Sciences – Supplementary course for gradate students

Department's Strategy



Continuous development of research capabilities and infrastructure.

Identification and updating of scientific research priorities.

Providing and encouraging high-impact scientific research.

Providing a supportive environment for innovation.

Promoting graduate students research publication.

Academic accreditation of academic programs.

Building academic programs based on the best global benchmarking.

Adopting best academic practices.

Developing programs with student and stakeholder input.

Improve learning resources.

Supporting the activities of the Saudi Society for Food and Nutrition.

Participating in conferences and scientific meetings.

Implementing specialized training programs.

Providing distinguished consultants in the department's specialties.

Adopt organizational structure that supports the academic process.

Managing documents and records using available electronic services.

Raising the efficiency of academic and administrative staff through training.

Improving the work environment and promoting transparency.

Increasing employee efficiency by fostering satisfaction and trust.

Consulting and scientific services.

Research services and samples analysis.

Education and training.

Preserving the department's resources.

Promoting the sharing of equipment and capabilities.

Reducing the number of low-enrollment programs.

Increasing enrollment numbers.

Supporting the graduation of students within the specified time.

Priorities of Scientific Research

Food Technology

Development and design of sustainable food products using local resources.

Applying innovative technologies to develop food processing.

Utilization of food waste to develop novel products for food security.

Use of new techniques for Food processing and preservation.

Study and development of traditional (popular) foods.

Food Chemistry

Studying food composition including macronutrient, micronutrients, colorants, flavors and food additives, enzymology, and functional food innovation.

Investigating the effect of food processing and storage on chemical properties and stability of food components.

Understanding chemical interactions among food constituents.

Food Safety

Study of food chemicals and safety risk analysis for food industry and facilities.

Studies and Applications of nanomaterials and natural products in food safety.

Study of antibiotic resistance microbe in food products.

Study the food chemicals and assessing their risks in the food industry.

Nutrition and Health

Evaluation of food and nutrition safety Finding sustainable solutions for food and nutrition security.

Developing nutritional plans to prevent and control chronic diseases and study the effect of nutrition.

Study the effect of nutrition or active nutrients (natural or manufactured) and their role in preventing and controlling chronic diseases.

Conversion of food waste components to new healthy products.

Applications of probiotics and prebiotics for future healthy foods research.

Assessment of nutritional status in the community.

Biotechnology

Synthesis and isolation of nanoparticles from food products and study of their effect on health

Study the effect of genetic engineering and generic modification (GMO's) in food products.

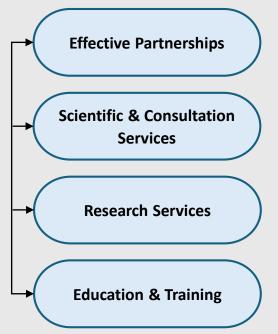
Application and effect of food bioprocessing and fermentation technology.

Study and applications of food biotechnology and waste management.

Study of nutrient and gene interaction and their health effect.

Investment Strategy

The investment strategy for the Department of Food Sciences and Nutrition aims to find and develop stable and diverse sources of income by leveraging tangible assets, as well as scientific qualifications, expertise, and human resources within the department. The strategy has been aligned with the goals and orientations of King Saud University and the College of Food and Agricultural Sciences. Moreover, the investment strategy supports the department's mission which states: "Activating local and international partnerships". It also supports the department's second objective, which is to "provide appropriate solutions to address the challenges faced by Saudi society in the fields of food, nutrition, and food security, as well as the challenges faced by food companies, through conducting scientific and applied research and organizing training courses". It includes activating and implementing a set of initiatives based on improving infrastructure and establishing appropriate policies and procedures for managing investments and utilizing income sources. Furthermore, the strategy will be implemented, managed, and its outputs will be harnessed to support the vision, mission, and objectives of the department and serve the academic process within the department.



Aims to establish partnerships and with private sector entities and companies in the fields of food and nutrition sciences. It also aims to avail some of the department's labs for direct investment by external entities. The food technology laboratories, dairy technology, and cereal technology laboratories are considered candidates for investment.

Aims to make the qualifications, competencies, and scientific expertise of faculty members available to provide consulting and scientific services to government, private, and non-profit sectors. The department offers a range of consulting services and can also provide tailored consulting and scientific services according to client needs.

Aims to maximize the utilization of the central laboratories of the department (Analysis Laboratory, and Biotechnology Laboratory); and the department works to utilize its research capabilities to provide research and development (R&D) services and sample analysis.

As part of the department's role in transferring knowledge and in line with the university's orientations, the department works on offering some important courses that are in demand in the market for registration and attendance by non-students for a fee.



Contact Information

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(Website:	https://cfas.ksu.edu.sa/ar/fsn-m
X	X account:	x.com/cfas fsn?mx=2
mů.	Address:	Food Sciences & Nutrition Department College of Food & Agriculture Sciences King Saud University P.O. Box 2460 Riyadh, 11451 Kingdom of Saudi Arabia





List of Faculty Members



أ.د. مسفر محمد الدقل

Prof. Mosffer Mohammed AlDagal



Position:	استاذ Professor	الوظيفة:
Major:	علوم أغذية Food Science	التخصص العام:
Specialization:	مكروبيولوجيا أغذية Food Microbiology	التخصص الدقيق:
Thesis Specialization:	مكروبيولوجيا أغذية Food Microbiology	تخصص رسالة الدكتوراة:
University & Department:	جامعة ولاية كانساس الحكومية – الإنتاج الحيواني، برنامج علوم الأغذية Kansas State University – Animal Science, Food Science Program	الجامعة والقسم:
Research Interests:	Microbial Food Safety and Quality	الاهتمامات البحثية:





أ.د. علي بن عبدالله الشتوي

Prof. Ali A. Alshatwi



Position:	استاذ Professor	الوظيفة:
Major:	تغذية انسان Human Nutrition	
Specialization:	تداخل العناصر الغذائية والجينات Nutrigenomics and Nutrigenetics	التخصص الدقيق:
Thesis Specialization:	الآليات التنظيمية في استقرار الجين المثبط للأورام p53 في الخلايا الكبد السرطانية المنخفضة بالزنك Regulatory Mechanisms in The Stabilizations of p53 Tumor Suppressor Gene in Zinc Depleted Hepatoblastoma Cells	تخصص رسالة الدكتوراة:
University & Department:	جامعة اريزونا – قسم علوم التغذية University of Arizona – Department of Nutritional Science	الجامعة والقسم:
Research Interests:	 Nutrigenomics & Nutrigenetics, in vitro toxicology, and Nanobiotechnology. Investigating the role of nutrients and natural compounds on adipogenesis and osteogenesis. Designing and synthesizing of nanocomposites for nutrient supplementation, food packaging and therapeutic applications. Studying distribution of organic and inorganic nanoparticles from confectionary and processed foods and their role in pathogenesis of chronic inflammation and metabolic disorders. 	الاهتمامات البحثية:









أ.د. فهد بن يحيى الجهيمي

Prof. Fahad Yahya AL Juhaimi



Position:	استاذ Professor	الوظيفة:
Major:	علوم أغذية Food Science	التخصص العام:
Specialization:	تقنية أغذية Food Technology	التخصص الدقيق:
Thesis Specialization:	خصائص تجفيف التمور Dehydration Characteristics of Dates	تخصص رسالة الدكتوراة:
University & Department:	جامعة ليدز – قسم علوم الأغذية University of Leeds – Department of Food Science	الجامعة والقسم:
Research Interests:	1-Preservation and Processing of Vegetables and Fruits especially Dates2-New food preservation techniques including modified-atmosphere packaging3- Recycling of food wastes4-Food Safety and legislations	الاهتمامات البحثية:





أ.د. ناصر بن عبداللطيف الشبيب

Prof. Nasser A. Alshabib



Position:	استاذ Professor	الوظيفة:
Major:	علوم الأغذية Food Science	التخصص العام:
Specialization:	سلامة الغذاء Food Safety	التخصص الدقيق:
Thesis Specialization:	الحساسية الغذائية Food Allergy	تخصص رسالة الدكتوراة:
University & Department:	جامعة ليدز – قسم علوم الأغذية والتغذية University of Leeds – Department of Food Science & Nutrition	الجامعة والقسم:
Research Interests:	 Study of food additive safety risk analysis for food industry. Study the Food Chemicals and Assessing Their Risks in the Food Industry. Study of antibiotic resistant biofilm forming microbes in food products. Studies and Applications of nanomaterials and natural products in food safety. 	الاهتمامات البحثية:







أ.د. غدير بن مسلم الشمري

Prof. Ghedeir Alshammari



Position:	استاذ Professor	الوظيفة:
Major:	تغذية إنسان Human Nutrition	التخصص العام:
Specialization:	التغذية الجزيئية Molecular Nutrition	التخصص الدقيق:
Thesis Specialization:	السمنة والأمراض المرتبطة بها Obesity and its related diseases	تخصص رسالة الدكتوراة:
University & Department:	جامعة نوتنجهام – قسم التغذية The University of Nottingham – Department of Nutritional science	الجامعة والقسم:
Research Interests:	 Nutrition in health and diseases. Food and nutrition security. Natural bioactive compounds and genes expression. The future healthy foods (quality, alternative, and marine foods). 	الاهتمامات البحثية:







أ.د. صلاح بن عبدالعزيز محمد الميمان

Prof. Salah A. Almaiman



Position:	استاذ Professor	الوظيفة:
Major:	علوم وتكنولوجيا الأغذية Food Science and Technology	التخصص العام:
Specialization:	تكنولوجيا خضر وفاكهة Fruits & Vegetables Technology	التخصص الدقيق:
Thesis Specialization:	تأثير المعاملات الحرارية على جودة المنتج Effects of thermal processing on produce quality	تخصص رسالة الدكتوراة:
University & Department:	جامعة نبراسكا – لينكولن – قسم علوم وتكنولوجيا الأغذية University of Nebraska-Lincoln – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Food technology—evaluation of physical, chemical and nutritional changes during processing and storage. New food Products development. Fresh-Cut produce processing and Packaging Innovations. 	الاهتمامات البحثية:







د. محمد بن عبدالرحمن الشنيبر

Dr. Mohammad A. Alshuniaber



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	جودة وسلامة الأغذية Food Quality and Safety	التخصص الدقيق:
Thesis Specialization:	تحليل المخاطر الميكروبية للأغذية Food Microbial Risk Analysis	تخصص رسالة الدكتوراة:
University & Department:	جامعة فيرجينيا تك – قسم علوم وتقنية الأغذية Virginia Tech – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Risk assessment of biological and chemical food hazards. Antibiotic resistant bacteria. Safety assessment of bioactive compounds in food. Food quality profiling using sensory analysis techniques. 	الاهتمامات البحثية:







د. محمد بن سعید الکلثم

Dr. Mohammad Saeed Alkaltham



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	الأغذية الوظيفية Functional foods	التخصص الدقيق:
Thesis Specialization:	استخلاص وتحليل المركبات النشطة Extraction and Analysis of Bioactive Compounds	تخصص رسالة الدكتوراة:
University & Department:	جامعة نبراسكا-لينكون – قسم علوم الأغذية وتقنياتها University of Nebraska-Lincoln – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Analysis of nutraceuticals and bioactive compounds. Characterization of nutraceuticals and bioactive compounds. Developing functional foods and nutraceuticals interaction. Emerging technologies for the extraction of bioactive compounds. 	الاهتمامات البحثية:





د. أحمد بن محمد سلامة الله

Dr. Ahmad M Salamatullah



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	انزیمات غذائیة Food Enzymology	التخصص الدقيق:
Thesis Specialization:	الأغذية وظيفية Functional Food	تخصص رسالة الدكتوراة:
University & Department:	جامعة لينكن نيبراسكا – قسم علوم وتقنية الأغذية Lincoln Nebraska – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 To determine the synergistic effect of dietary agents with an emphasis on phenols compounds. To detect enzymes inhibition and analyze the effects of metabolites from a complex dietary system acting upon human health metabolism. 	الاهتمامات البحثية:





د. عبدالحكيم بن عبدالله الزهراني

Dr. Abdulhakeem Abdullah Alzahrani



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	علوم الأغذية Food Science	التخصص العام:
Specialization:	ميكروبيولوجيا الأغذية Food Microbiology	التخصص الدقيق:
Thesis Specialization:	المكروبيولوجيا والسلامة الميكروبية Microbiology and Microbial Safety of Food	تخصص رسالة الدكتوراة:
University & Department:	جامعة جويلف – قسم علوم الأغذية Guelph University – Department of Food Science	الجامعة والقسم:
Research Interests:	 Food Safety and Microbiology. Microbial hazards and detection method development. Reduction of Microbial Contamination. Nanomaterial synthesis and applications. 	الاهتمامات البحثية:









د. سليمان بن عبدالله الثواب

Dr. Suleiman A Althawab



Position:	استاذ مساعد Assistant Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	كيمياء الأغذية Food Chemistry	التخصص الدقيق:
Thesis Specialization:	كيمياء الأغذية :تعديل النشاء باستعمال البروأنثوسيانيدين والتشعيع Food Chemistry: Starch Modification using Proanthocyanidins and Irradiation	تخصص رسالة الدكتوراة:
University & Department:	جامعة تكساس أي أند أم – قسم علوم وتقنية الأغذية Texas A & M University – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Developing sustainable, health-focused foods by leveraging grains and pulses with advanced processing technologies. Investigating food traceability through chemical analysis to enhance safety, quality, and authenticity across the food supply chain. Exploring food-polyphenol interactions to enhance product quality and functionality. 	الاهتمامات البحثية:









د. باسم بن محمد العوهلي

Dr. Basim Mohammed Alohali



Position:	استاذ مساعد Assistant Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	سلامة وتقنية الأغذية Food Safety and Technology	التخصص الدقيق:
Thesis Specialization:	تقنيات سلامة الأغذية Food Safety Technologies	تخصص رسالة الدكتوراة:
University & Department:	جامعة نبراسكا-لينكولن – قسم علوم وتقنية الأغذية University of Nebraska-Lincoln – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Control of Foodborne Pathogens in Food Processing Environments. Developing and optimizing Sanitization and Decontamination Systems for Food Processing Facilities. Application of Emerging Food Safety Technologies. Sustainable Approaches in Food Processing Practices and Systems. 	الاهتمامات البحثية:





د. توفيق سعدالله السلمي

Dr. Tawfiq S Alsulami



Position:	استاذ مساعد Assistant Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	السموم الغذائية Food Toxins	التخصص الدقيق:
Thesis Specialization:	تطوير طرق حديثة في تحليل السموم الغذائية Method Development for Toxin Analysis	تخصص رسالة الدكتوراة:
University & Department:	جامعة ويسكونسن-ماديسون – قسم علوم الأغذية University of Wisconsin-Madison – Department of Food Science	الجامعة والقسم:
Research Interests:	 Food Toxicology Food Analysis Method Development for Food Safety Dairy Product Development 	الاهتمامات البحثية:







د. عبدالرحمن بن خالد الأحمد

Dr. Abdulrahman K. Alahmed



Position:	استاذ مساعد Assistant Professor	الوظيفة:
Major:	كيمياء الأغذية Food Chemistry	التخصص العام:
Specialization:	كيمياء وتقنية الحبوب Cereal Chemistry and Technology	التخصص الدقيق:
Thesis Specialization:	تقييم الخصائص الكيميائية للألياف الغذائية في الحبوب Evaluate Chemical Properties of Dietary Fibers in Cereal	تخصص رسالة الدكتوراة:
University & Department:	جامعة ولاية داكوتا الشمالية – قسم علم الحبوب والأغذية North Dakota State University – Department of Cereal and Food Sciences	الجامعة والقسم:
Research Interests:	 Food Chemistry and Cereal Sciences. Food Hydrocolloids and Dietary Fibers. Flours and Starch Functionalities. Baking Technology and End-use Bakery Products. 	الاهتمامات البحثية:







أ.د. عمرو بابكر حسن الطيب

Prof. Amro Babiker Hassan Eltayeb



Position:	استاذ Professor	الوظيفة:
Major:	علوم وتكنولوجيا الأغذية Food Science and Technology	التخصص العام:
Specialization:	جودة وحفظ الأغذية Food Quality and Preservation	التخصص الدقيق:
Thesis Specialization:	تكنولوجيا ما بعد الحصاد وجودة الغذاء Postharvest Technology and Food Quality	تخصص رسالة الدكتوراة:
University & Department:	جامعة قوتنقن — كلية العلوم الزراعية Georg-August University of Göttingen — Faculty of Agricultural Sciences	الجامعة والقسم:
Research Interests:	 Postharvest preservation of agricultural products. Traditional food processing of cereals, oil seeds and legume seeds. Valorization and utilization of wasted food in food processing and industry. Quality of fortified food. 	الاهتمامات البحثية:







أ.د. مجدى عبداوهاب عثمان

Prof. Magdi A. Osman



Position:	أستاذ Professor	الوظيفة:
Major:	علوم التغذيه Nutritional Science	التخصص العام:
Specialization:	كيمياء حيوية تغذوية Nutritional Biochemistry	التخصص الدقيق:
Thesis Specialization:	كيمياء حيوية تغذوية Nutritional Biochemistry	تخصص رسالة الدكتوراة:
University & Department:	جامعة أريزونا – قسم علوم التغذية University of Arizona – Nutritional Sciences Department	الجامعة والقسم:
Research Interests:	 Utilization of bioactive compounds from food industry waste to combat chronic disease Effect of traditional process of local cereals & legumes on bioaccessibilty bioactive compounds using in vitro gastrointestinal digestion assessment of nutritional valued & bioactive compounds in traditional Saudi dishes. Ketogenic diet and its role combating obesity & diabetes. 	الاهتمامات البحثية:







أ.د. عبداللطيف محمد

Prof. Abdellatif A. Mohamed



Position:	أستاذ Professor	الوظيفة:
Major:	تكنلوجيا الأغذية Food Science and Technology	التخصص العام:
Specialization:	كيمياء الحبوب Cereal Chemistry	التخصص الدقيق:
Thesis Specialization:	تفاعلات النشا والبروتينات Starch and Protein Interaction	تخصص رسالة الدكتوراة:
University & Department:	جامعه داكوتا الشمالية – قسم كيمياء الحبوب North Dakota State University – Cereal Chemistry	الجامعة والقسم:
Research Interests:	 Starch chemistry and Technology. Utilization Local raw materials as food ingredients. Thermo-rheological characterization of different grain based products. Gluten-free baked products. 	الاهتمامات البحثية:







أ.د. عصام علي محمد احمد علي Prof. Isam Ali Mohamed Ahmed Ali



Position:	استاذ دکتور Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	التقنية الحيوية للأغذية Food Biotechnology	التخصص الدقيق:
Thesis Specialization:	التقنية الحيوية الميكروبية Microbial Biotechnology	تخصص رسالة الدكتوراة:
University & Department:	جامعة توتور <i>ي –</i> قسم علوم وتقنية الأغذية Tottori University – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Food fortification with natural bioactive constituents. Impact of thermal and non-thermal processing on food quality. Extraction and characterization of milk-clotting enzymes. Food and microbial biotechnology. 	الاهتمامات البحثية:





أ.د. الفاضل الفضل بابكر محمد

Prof. Elfadil Elfadi Babiker Mohamed



Position:	استاذ Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	كيمياء وتحسين جودة الأغذية Food Chemistry and Quality Improvement	التخصص الدقيق:
Thesis Specialization:	كيمياء وتحسين جودة الأغذية Food Chemistry and Quality Improvement	تخصص رسالة الدكتوراة:
University & Department:	جامعة ياماغوشى – قسم علوم وتقنية الأغذية Yamaguchi University – Department of Food Science and Technology (Japan)	الجامعة والقسم:
Research Interests:	 Food nutritional quality improvement. Chemical and genetic modification of plant proteins. Medicinal plants as sources of antioxidant. Application of antioxidants for improvement of animals products. 	الاهتمامات البحثية:







أ.د. أبوالقاسم أحمد يعقوب محمد

Prof. Abu ElGasim Ahmed Yagoub



Position:	استاذ Professor	الوظيفة:
Major:	كيمياء حيوية وتغذية Biochemistry and human nutrition	التخصص العام:
Specialization:	الأغذية الوظيفية والأمراض غير المعدية Functional foods and non-communicable diseases	التخصص الدقيق:
Thesis Specialization:	دراسة بيوفيزيائية للبروتينات النباتة المتخمرة Biophysical study on seed proteins of fermented plants	تخصص رسالة الدكتوراة:
University & Department:	جامعة الخرطوم – قسم الكيمياء الحيوية وعلوم الأغذية University of Khartoum – Department of Biochemistry and Food Science	الجامعة والقسم:
Research Interests:	 Assessment of functional food components on non-communicable diseases. Lignin fractionation using eco-friendly ionic solvents (ionic liquids; deep eutectic solvent) and low-frequency/high-energy ultrasound techniques. Eco-friendly, separation, isolation, and identification of bioactive compounds in agro-food waste aided by nonthermal approaches (ultrasound, pulsed electric field, etc.). 	الاهتمامات البحثية:





أ.د. شاه زاد حسین فضل داد

Dr. Shahzad Hussain Fazal Dad



Position:	استاذ Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	كيمياء وتقنية الحبوب، ريولوجيا الغذاء Cereal chemistry and technology, Food rheology	التخصص الدقيق:
Thesis Specialization:	تطوير وتقييم المنتجات المخبوزة الوظيفية Development and evaluation of functional baked products	تخصص رسالة الدكتوراة:
University & Department:	جامعة الزراعة في فيصل آباد – علوم وتقنية الأغذية University of Agriculture Faisalabad – Food Science and Technology	الجامعة والقسم:
Research Interests:	 Exploration of local ingredients for the development of sustainable food products. Utilization of food waste in the development of value-added food products. Thermal and rheological characterization of different food systems. Development and evaluation of specialty products (low carb, gluten free etc.). 	الاهتمامات البحثية:







د. راجا بانديان كريشنامورثي



Dr. Rajapandiyan Krishnamoorthy

Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	أحياء دقيقة Microbiology	التخصص العام:
Specialization:	الميكروبات والتحول الحيوي لمكونات الأغذية Microbiome and Biotransformation of Food compounds	التخصص الدقيق:
Thesis Specialization:	مقاومة الأدوية والميكروبات Microbiome and Drug resistance	تخصص رسالة الدكتوراة:
University & Department:	جامعة مانونمانوم ساندرانار – قسم الأحياء الدقيقة والتقنية الحيوية Manonmanium Sundaranar University – Department of Microbiology and Biotechnology	الجامعة والقسم:
Research Interests:	 Biotransformation of food compounds. Gut microbes and antibiotic-resistant bacteria. Safety assessment of bioactive compounds in food. Food compounds profiling 	الاهتمامات البحثية:





قسم علوم الأغذية والتغذية Food Sciences & Nutrition Dept.	د. محمد آصف احمد Dr. Mohammed Asif Ahmed	
Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	كيمياء الأغذية Food Chemistry	التخصص العام:
Specialization:	تحليل الليبيدات Lipid Analysis	التخصص الدقيق:
Thesis Specialization:	هندسة الليبيدات الطبعيعة Natural lipid engineering	تخصص رسالة الدكتوراة:
University & Department:	جامعة عليجرة – قسم الكيمياء Aligarh Muslim University - Department of Chemistry	الجامعة والقسم:
Research Interests:	 Advance Instrumental Food Analysis. Food Irradiation. Antioxidants in Food. Food additives, synthetic food colors analysis 	الإهتمامات البحثية:









د. سوباش بابو باندورانجان Dr. Subash Babu Pandurangan



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	الكيمياء الحيوية Biochemistry	التخصص العام:
Specialization:	علم الوراثة الغذائية والسمنة Nutrigenetics and obesity	التخصص الدقيق:
Thesis Specialization:	علم الوراثة الغذائية السكري والسمنة Nutrigenetics, Diabetes and obesity	تخصص رسالة الدكتوراة:
University & Department:	جامعة مدراس – الهند University of Madras – INDIA	الجامعة والقسم:
Research Interests:	 Risk assessment of biological and chemical food hazards. Antibiotic resistant bacteria. Safety assessment of bioactive compounds in food. Food quality profiling using sensory analysis techniques. 	الاهتمامات البحثية:





د. هاني محمد يحيي

Dr. Hany M. Yehia



Position:	أستاذ مساعد Assistant Professor	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	ميكروبيولوجي أغذية Food Microbiology	التخصص الدقيق:
Thesis Specialization:	ميكروبيولوجي أغذية Food Microbiology	تخصص رسالة الدكتوراة:
University & Department:	جامعة القاهرة – قسم علوم وتقنية الأغذية Cairo University – Department of Food Science and Technology	الجامعة والقسم:
Research Interests:	 Virulence factors of foodborne pathogen distributed in foods. Phenotypic and genotypic characterization of foodborne pathogens in foods. Food preservation, safety, and shelf life extension. Food biotechnology. 	الاهتمامات البحثية:





د. فوهاد معبود حسين

Dr. Fohad Mabood Husain



Position:	أستاذ مساعد Assistant Professor	الوظيفة:
Major:	علم الأحياء الدقيقة التطبيقي Applied Microbiology	التخصص العام:
Specialization:	جودة وسلامة الأغذية Food Quality and Safety	التخصص الدقيق:
Thesis Specialization:	مضادات الميكروبات الجديدة تستهدف استشعار النصاب والأغشية الحيوية Novel antimicrobials targeting quorum sensing and biofilm	تخصص رسالة الدكتوراة:
University & Department:	جامعة عليجرة الإسلامية – قسم الأحياء الدقيقة الزراعية Aligarh Muslim University – Department of Agriculture Microbiology	الجامعة والقسم:
Research Interests:	 Risk assessment of biological and chemical food hazards. Antibiotic resistant bacteria. Bioactive compounds targeting bacterial quorum sensing and biofilm. Novel Nanomaterials with antimicrobial properties as packaging materials. 	الاهتمامات البحثية:







أ.د. نوال عبدالله البدر

Prof. Nawal Albadr



Position:	استاذ Professor	الوظيفة:
Major:	التغذية Nutrition	التخصص العام:
Specialization:	التغذية الجزيئية Molecular Nutrition	التخصص الدقيق:
Thesis Specialization:	تغذية وعلوم الأطعمة Nutrition and Food Science	تخصص رسالة الدكتوراة:
University & Department:	جامعه الأميرة نوره بنت عبدالرحمن Princess Nora Bint Abdul Rahman University	الجامعة والقسم:
Research Interests:	 Antioxidants Food analysis Nutritional status assessment Obesity research. 	الاهتمامات البحثية:





أ.د. سهير احمد المصرى

Prof. Soheir Ahmed Almasri



Position:	أستاذ Professor	الوظيفة:
Major:	تغذية Nutrition	التخصص العام:
Specialization:	البروتينات Proteins	التخصص الدقيق:
Thesis Specialization:	البروتينات والاحماض الامينية في الغذاء Food proteins & Amino Acids	تخصص رسالة الدكتوراة:
University & Department:	جامعة الإسكندرية Alexandria University	الجامعة والقسم:
Research Interests:	 Protein in foods Amino Acids Analysis The different between Animal proteins &Plant proteins in foods 	الإهتمامات البحثية:





أ.د. حنان عبدالله الفواز

Prof. Hanan Abdullah Alfawaz



	Position:	أستاذ دكتور Professor	الوظيفة:
	Major:	تغذية إنسان Human Nutrition	التخصص العام:
	Specialization:	تغذية وأيض تغذو <i>ي</i> Nutrition and metabolism	التخصص الدقيق:
	Thesis Specialization:	متلازمة الأيض والسلوك الغذائي Metabolism and Dietary Pattern	تخصص رسالة الدكتوراة:
Univ	versity & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Food Science and Nutrition	الجامعة والقسم:
	Research Interests:	 Biomarkers of Chronic Disease Autism, nutritional intervention Vitamin D, Noncommunicable disease Nutrition in health and disease 	الاهتمامات البحثية:





د. وحيده بنت هزاع القحطاني

Dr. Wahida H. Alqahtani



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	علم الأحياء الدقيقة Microbiology	التخصص العام:
Specialization:	كيمياء حيوية تغذوية Nutritional Biochemistry	التخصص الدقيق:
Thesis Specialization:	كيمياء حيوية تغذوية Nutritional Biochemistry	تخصص رسالة الدكتوراة:
University & Department:	جامعة الملك سعود-قسم النبات والأحياء الدقيقة King Saud University – Department of Botani & Microbiology	الجامعة والقسم:
Research Interests:	 Food microbiology & Antibiotic resistant bacteria. Safety assessment of bioactive compounds in food. Nutritional antioxidants & Enzymes Spirulina 	الاهتمامات البحثية:





د. ضحى بنت مصطفى النوري

Dr. Doha M. Al-Nouri



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	تغذية الإنسان Human Nutrition	التخصص العام:
Specialization:	الدهنيات Lipids	التخصص الدقيق:
Thesis Specialization:	الأحماض الدهنية عديدة عدم التشبّع وأيض العظام Polyunsaturated Fatty Acids & Bone Metabolism	تخصص رسالة الدكتوراة:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Sciences & Nutrition	الجامعة والقسم:
Research Interests:	 Lipids & fatty acids research. Mineral elements research. Bone metabolism & diseases research. Inflammatory diseases research. Neurological disorders research. Oxidative stress research. 	الاهتمامات البحثية:





د. مها الحسين

Dr. Maha Alhussain



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	تغذية الأنسان Human Nutrition	التخصص العام:
Specialization:	فسيولوجيا الأيض Metabolic Physiology	التخصص الدقيق:
Thesis Specialization:	توازن الطاقة، التمثيل الغذائي، تنظيم الشهية Energy balance, Metabolism and appetite regulation	تخصص رسالة الدكتوراة:
University & Department:	جامعة نوتنقهام – كلية الطب وعلوم الصحة University of Nottingham – Faculty of Medicine and Health Sciences	الجامعة والقسم:
Research Interests:	Metabolism, Chronobiology, Lifestyle Medicine, Intermittent Fasting, Aging & Longevity, Exercise & Physical Health	الاهتمامات البحثية:





د. موضي عثمان الموسى

Dr. Moudi Othman Almousa



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	نسيج وملابس Apparel and Textiles	التخصص العام:
Specialization:	تسويق ملابس Apparel Marketing	التخصص الدقيق:
Thesis Specialization:	ماسح الجسم الثلاثي الابعاد 3D Body Scanning	تخصص رسالة الدكتوراة:
University & Department:	جامعة كانساس الحكومية – نسيج وملابس Kansas State University – Apparel and Textiles	الجامعة والقسم:
Research Interests:	 Consumer Behavior. 3D body scanning. Technology implementation in the apparel market. 	الاهتمامات البحثية:



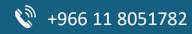


د. أمل عبدالله العود

Dr. Amal A. Aloud



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	تغذية انسان Human Nutrition	التخصص العام:
Specialization:	تغذية مجتمع Community Nutrition	التخصص الدقيق:
Thesis Specialization:	تغذية مجتمع Community Nutrition	تخصص رسالة الدكتوراة:
University & Department:	جامعة كوين مارجريت – قسم الحميات والتغذية وعلوم الأحياء Queen Margret University – Department of Dietetics, Nutrition and Biological Sciences	الجامعة والقسم:
Research Interests:	 Nutritional assessment of the population. Dietary behavior and food habits Nutrition Education Public health nutrition 	الاهتمامات البحثية:





د. ليلى بنت نايف الحربي

Dr. Laila Naif Al-Harbi



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	تغذية انسان Human Nutrition	التخصص العام:
Specialization:	تداخل العناصر الغذائية والجينات Molecular Nutrition	التخصص الدقيق:
Thesis Specialization:	تأثير فيتامين د على التعبير الجيني Effects of vitamin D on cell growth, metabolism and gene expression.	تخصص رسالة الدكتوراة:
University & Department:	جامعة نوتنجهام – قسم علوم التغذية Nottingham University – Nutritional Science	الجامعة والقسم:
Research Interests:	 Effects of nutrient on cell growth, metabolism and gene expression. Molecular and nutrigenomics Nutrition Metabolism, diets, obesity, gut hormones, and diabetes Non-alcoholic fatty liver disease Healthy aging and nutrition in elderly 	الاهتمامات البحثية:







د. سحر عبدالعزيز يحيى السديري

Dr. Sahar Abdulaziz Alsedairy



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	تغذية انسان Human Nutrition	التخصص العام:
Specialization:	الجينات والسمنة Genetics and Obesity	التخصص الدقيق:
Thesis Specialization:	الجينات والسمنة Genetics and Obesity	تخصص رسالة الدكتوراة:
University & Department:	جامعة الملك سعود – قسم علوم الاغذية والتغذية King Saud University – Food Sciences and Nutrition Department	الجامعة والقسم:
Research Interests:	 Study of the effect of nutrition on genes Prevalence, causes and prevention of obesity Human nutrition 	الإهتمامات البحثية:





د. منال بنت عبدالعزيز بن عبيد

Dr. Manal A. Binobead



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	تغذية وعلوم أطعمه Food Sciences and Nutrition	التخصص العام:
Specialization:	الفيتامينات Vitamins	التخصص الدقيق:
Thesis Specialization:	الفيتامينات والسمنة وأمراض العظام الايضية Vitamins, Obesity, and Metabolic Bone Disease	تخصص رسالة الدكتوراة:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Sciences and Nutrition	الجامعة والقسم:
Research Interests:	 Vitamins and minerals. Human nutrition. Antioxidants. Obesity and chronic diseases. 	الاهتمامات البحثية:







د. غالية الشملان

Dr. Ghalia Shamlan



Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	فسيولوجيا الرياضة وميتابوليزم التغذية Exercise Physiology and Nutritional Metabolism	التخصص العام:
Specialization:	فسيولوجيا الرياضة وميتابوليزم التغذية Exercise Physiology and Nutritional Metabolism	التخصص الدقيق:
Thesis Specialization:	فسيولوجيا الرياضة وميتابوليزم التغذية Exercise Physiology and Nutritional Metabolism	تخصص رسالة الدكتوراة:
University & Department:	جامعة سري – قسم التغذية والرياضة The University of Surrey – Department of Nutrition, Food and Exercise Sciences/ Faculty of Health and Medical Sciences	الجامعة والقسم:
Research Interests:	Exercise Physiology Nutritional Metabolism	الاهتمامات البحثية:







د. عروب بنت عبدالعزيز الناصر

Dr. Aroub Abdulaziz Alnasser

1 00d sciences & Natifilon Bept.		
Position:	استاذ مشارك Associate Professor	الوظيفة:
Major:	الصحة العامة Public Health	التخصص العام:
Specialization:	تثقیف غذائی Nutrition Education	التخصص الدقيق:
Thesis Specialization:	التعليم الصحي المعزز بالتكنولوجيا Technology Enhanced Health Education	تخصص رسالة الدكتوراة:
University & Department:	جامعة ابردين — العلوم الصحية التطبيقية University of Aberdeen — Applied Health Sciences	الجامعة والقسم:
Research Interests:	 Technological solutions, including app-based interventions, to improve nutrition-related behaviors and outcomes. Nutrition education and client-centered intervention strategies. Creating culturally-aware solutions like a culturally-sensitive food database 	الاهتمامات البحثية:

• Exploration of food interests, preferences, behaviors, and sustainable food consumption.















أ. فيصل بن عبدالله عبدالعزيز الحميدي **Faisal Abdullah Alhamedy**



Position:	محاضر Lecturer	الوظيفة:
Major:	تغذية انسان Human Nutrition	التخصص العام:
Specialization:	فیتامینات Vitamins	التخصص الدقيق:
Dissertation Specialization:	تقييم حالة الرايبوفلافين لدي الذكور البالغين في مدينة الرياض Evaluation of riboflavin status in adult males in Riyadh City	تخصص رسالة الماجستير:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Sciences and Nutrition	الجامعة والقسم:





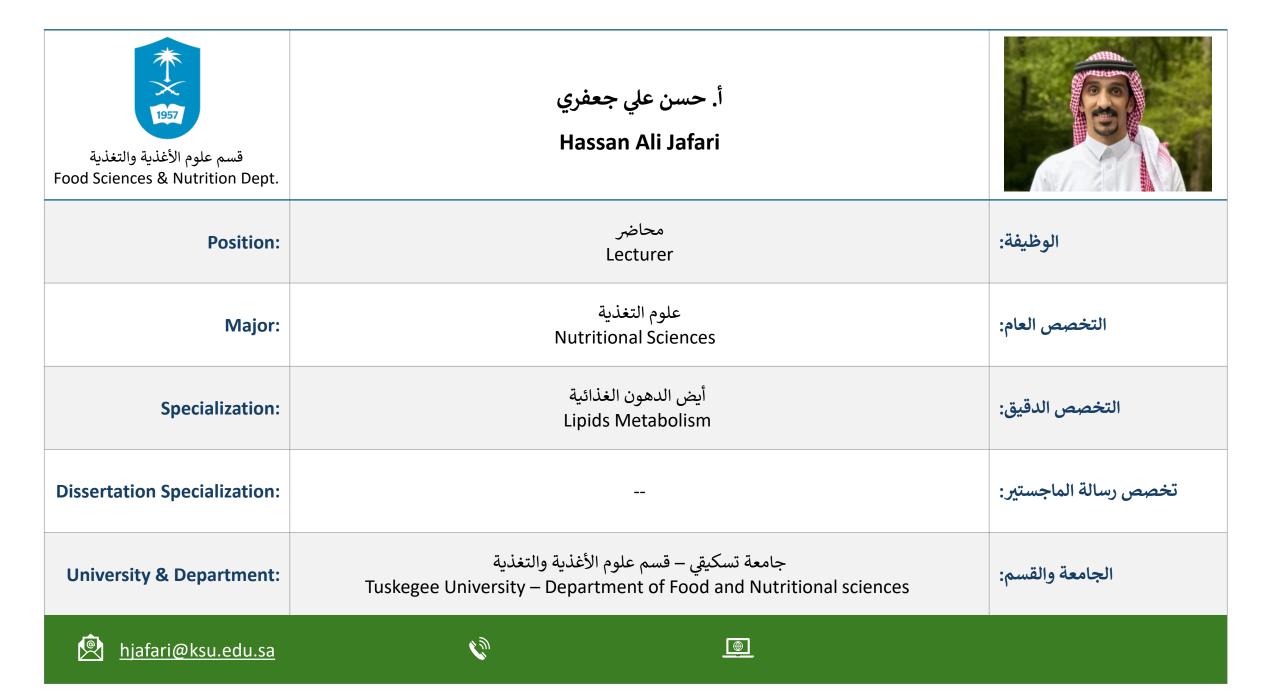
أ. معاذ عبدالله العيسى



Muath Abdullah Alessa

Position:	محاضر Lecturer	الوظيفة:
Major:	علوم أغذية Food Science	التخصص العام:
Specialization:	علم وتقنية الألبان Dairy Science and Technology	التخصص الدقيق:
Dissertation Specialization:	التوصيف الطيفي لبودرة الحليب Spectroscopic Characterization of Dairy Powders	تخصص رسالة الماجستير:
University & Department:	جامعة مينيسوتا – قسم علوم الأغذية والتغذية University of Minnesota Twin Cities – Department of Food Science and Nutrition	الجامعة والقسم:













أ. أروى عبد الرحمن علي العذبه Arwa Abdulrahman Ali Alathbah



Position:	محاضر Lecturer	الوظيفة:
Major:	علوم الأغذية والتغذية Food Science and Nutrition	التخصص العام:
Specialization:	تغذية انسان Human Nutrition	التخصص الدقيق:
Dissertation Specialization:	الأغذية الوظيفية والالتهابات Functional Food and Inflammation	تخصص رسالة الماجستير:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Science and Nutrition	الجامعة والقسم:





أ. فاطمة محمد الشمسان

Fatimah Mohammed Alshamsan



Position:	محاضر Lecturer	الوظيفة:
Major:	تغذية انسان Human Nutrition	التخصص العام:
Specialization:	فیتامینات Vitamins	التخصص الدقيق:
Dissertation Specialization:	تحليل المخاطر الميكروبية للأغذية Vitamins and Diabetes Type 1 in Children	تخصص رسالة الماجستير:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Science and Nutrition	الجامعة والقسم:





أ. سارة عبدالمحسن محمد الناصر Sara Abdalmohsen Alnasser



Position:	محاضر Lecturer	الوظيفة:
Major:	تغذية انسان Human Nutrition	التخصص العام:
Specialization:	فیتامینات ومعادن Vitamins and minerals	التخصص الدقيق:
Dissertation Specialization:	تقييم مستوى الحديد لدى النساء في سن الإنجاب Evaluating iron levels in women of childbearing Age	تخصص رسالة الماجستير:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Science and Nutrition	الجامعة والقسم:









أ. تهاني علي الجربوع

Tahani Ali Aljarbou



Position:	محاضر Lecturer	الوظيفة:
Major:	تغذية وعلوم أغذية Nutrition and Food Sciences	التخصص العام:
Specialization:	تغذية إنسان Human Nutrition	التخصص الدقيق:
Dissertation Specialization:	تحليل أغذية وتغذية Nutrition and Food Analysis	تخصص رسالة الماجستير:
University & Department:	جامعة الملك سعود – قسم علوم الأغذية والتغذية King Saud University – Department of Food Science and Nutrition	الجامعة والقسم:







أ. خلود عبدالرحمن آل عبدالسلام Kholoud A. Alabdulsalam



Position:	محاضر Lecturer	الوظيفة:
Major:	علم وتقنية الأغذية Food Science and Technology	التخصص العام:
Specialization:	التكنولوجيا الحيوية الغذائية Food biotechnology	التخصص الدقيق:
Dissertation Specialization:	تغذية الإنسان Human nutrition	تخصص رسالة الماجستير:
University & Department:	جامعة الملك سعود – قسم تغذية الإنسان King Saud University – Department of human nutrition	الجامعة والقسم:









List of Employees

Researchers, Specialists, and Technicians		الباحثين والأخصائيين والفنيين	
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walshreef@ksu.edu.sa	-	أخصائي مختبرات طبي متقدم Lab Specialist	وداد عبيد الشريف Wedad Alsherief
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<u>ralturki@ksu.edu.sa</u>	-	فني مختبر طبي ممارس Lab Technician	رنا عبدالعزيز التركي Rana Alturki

Administrative Employees		الإداريين	
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hmabgom@ksu.edu.sa	-	مراسل مکتبي Correspondent	حمود محمد مبقوم Humood Mabgoom

الإداريات المرتبطات بوكالة الكلية للقسم النسائي Administrative Employees related to Vice Dean for Female Section

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